

5th Grade PE/Guidance Sequence (Fall 2011)

WEEK	ACTIVITY TYPE	ACTIVITY	SOURCE
1	Learning Target(s)	Learn PE ground rules, names, four square	
	Warm-Up	Everybody's It	Matt
	Warm-Up	The Chicken Game	The Empty Bag (pg13)
	Attention Getter	Circle Up	Matt
	Ground Rules	Digital Contract	The Empty Bag (pg11) or JTTCC (pg 82)
	Name Game	Neat Names	The Empty Bag (pg16)
	Playground Game	Four Square	Becky
	Attention Getter	A Hush Fell Over the Crowd	Matt
	PR	What are you gonna tell your teacher/parents?	
2	Learning Target(s)	Get to know others better, learn names and hop scotch	
	Warm-Up	Everybody's It	
	Attention Getter	Circle Up/Chicken Game	The Empty Bag (pg13)
	Ground Rules	Review Digital Contract	
	Name Game	Memory Circle (Name Game)	JTTCC (pg 37)
	Deinhibitizer	Speed Rabbit	JTTCC (pg 59)
	Playground Game	Hop Scotch	Becky
	PR	What are you gonna tell your teacher/parents?	
3	Learning Target(s)	Get comfortable & trust others, learn playground game	
	Warm-Up	Partner Tag	Matt
	Ground Rules	Review Digital Contract	
	Name Game	Name Tag	JTTCC (pg 39)
	Deinhibitizer/Trust	Morphing	JTTCC (pg 56)
	Playground Game		Becky
	PR	What are you gonna tell your teacher/parents?	
4	Learning Target(s)	Trust others in class, learn names and playground game	
	Warm-Up	Wizards and Gelpplings	Matt
	Name Game	MEYOULISA	Adventures in Peacemaking (pg 52)
	Cooperation/Trust	Everybody Up	Matt
	Playground Game		Becky
	PR	What are you gonna tell your teacher/parents?	
5	Learning Target(s)	Trust others in class, learn playground game	
	Warm-Up	Heads Tails Tag	Matt
	Trust	Spotting, Grass in the Wind, Lifts	Matt
	Playground Game		Becky
PR	What are you gonna tell your teacher/parents?		